

## Frandale Turkey Sub On Wheat

<b>Nutrition Facts</b>	Amount/serving	%DV*	Amount/serving	%DV*
	Serv. Size 1 sub (220g)	<b>Total Fat</b> 16g	<b>25%</b>	<b>Total Carb.</b> 56g
Serv. Per Cont. 1	Sat. Fat 4.5g	23%	Fiber 2g	8%
Calories 480	Trans Fat 1g		Sugars 1g	
Fat Cal. 140	Cholest. 60mg	20%	Protein 25g	
	Sodium 1710mg	71%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 0%	• Vitamin C 0%	• Calcium 2%	• Iron 15%

INGREDIENTS: Frandales Golden Legacy Turkey (Turkey Breast, white turkey, water, modified food starch and 2% or less of salt, dextrose, sodium citrate, sodium phosphate, sugar, carrageenan, natural flavoring, sodium diacetate, Wheat Flour, White, All-purpose, Enriched, Bromated (Wheat Flour, Potassium Bromate, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzyme), Water, Wheat Flours, Bread, Unenriched, Frandales American Cheese (American Cheese (milk, cheese cultures, salt, enzymes, annatto, vegetable color) water, cream, sodium citrate, color added, salt sorbic acid added as a preservative, and soy lecithin (non sticking agent), Frandale Swiss Cheese (Swiss Cheese (milk, cheese cultures, salt, calcium chloride, enzymes), water, cream, sodium citrate, color added, enzyme modified cheese, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent), Bak Krisp (Salt, Vegetable Shortening (Partially Hydrogenated Soybean, Cottonseed, and/or Canola oils), Dextrose, Sugar, Corn starch, Mono Diglycerides, Soy Flour, contains 2% or less of ascorbic Acid, Potassium Bromate, L. Cysteine, Enzyme.), Leavening Agents, Yeast, Baker's, Compressed, Shortening, Industrial, Soy (partially Hydrogenated) For Baking And Confections, Fresh Krust (Wheat Flour, Corn Syrup Solids, Guar Gum, Wheat Gluten, Monoglycerides, Calcium Stearoyl Lactylate (CSL), contains 2% of less of: Enzyme), Dynamax (Water, Mono- and Diglycerides, Ethoxylated Mono and Diglycerides, Polysorbate 60 with sodium Propionate and Phosphoric acid (added as a preservative), Calcium Propionate

CONTAINS: Milk, Soybeans, Wheat